

G1 Adjustable Incline Bench

G1-FW153

- Integrated wheels for easy transport around facility
- Easily adjusts to six positions from 0 to 75 degrees
- Seat pad position is fixed at 15 degrees



FRAME

FRAME FINISH	Proprietary two-coat powder process
FRAME COLOR	Polarized Titanium

TECH SPECS

OVERALL DIMENSIONS	61"L x 24"W x 19"H
TOTAL WEIGHT	90 lbs.

G1 Adjustable Decline Bench

G1-FW152

- Back pad easily adjusts to four positions from 0 to 30 degree decline
- Legs are supported and knees elevated to reduce lower back strain
- Integrated wheels for easy transport around facility



FRAME	
FRAME FINISH	Proprietary two-coat powder process
FRAME COLOR	Polarized Titanium

TECH SPECS	
TOTAL WEIGHT	110 lbs.
OVERALL DIMENSIONS	82"L x 25"W x 38"H

Magnum VKR w/Chin

MG-A63C

- Oversized round handles for added comfort on dip
- Angled back support, elbow pads and handles provide added stability and comfort
- Multiple chin grips and rock-climbing grips for added exercise variety



FRAME

FRAME FINISH	Proprietary two-coat powder process
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TECH SPECS

SHIPPING WEIGHT	120 kg / 265 lbs.
OVERALL DIMENSIONS (L X W X H)	135 x 109 x 245 cm / 53" x 43" x 96"

G1 Back Extension Bench

G1-FW162

- Bench is angled 45 degrees for easy entry and exit
- Twist locking pull-pin improves stability of pads



FRAME

FRAME COLOR	Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS

OVERALL DIMENSIONS	50"L x 29"W x 34"H
TOTAL WEIGHT	99 lbs.

G1 Preacher Curl Bench

G1-FW155

- Elbow pad is angled at 55 degrees for varying resistance and improved user comfort
- Ratcheting seat pad is angled at 10 degrees for enhanced stability and comfort



FRAME	
FRAME COLOR	Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	119 x 72 x 95 cm / 47" x 28" x 37"
TOTAL WEIGHT	37 kg / 82 lbs.

Ultra Converging Chest Press

G7-S13

When it comes to building and toning major upper-body muscle groups, the powerful and comfortable Ultra Converging Chest Press outperforms expectations. Independent converging movements provide a natural path of motion. A spring-assisted seat with seven positions and a gas-assisted back pad with six positions adjust effortlessly to accommodate users of different sizes and range-of-movement changes. The integrated foot platform enhances stability and comfort during use, and the open design offers easy entry and exit.

Also available in [Ultra Base option G7-S13B](#).



ADJUSTMENTS	
USER ADJUSTMENT RANGE	7 position seat, 6 back pad positions with a total range of 20 degrees (4 degrees per position)
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted seat, gas assisted back pad
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
MACHINE ANCHORING	Independent machine hold down brackets
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
CABLE TRANSMISSION	Internally lubricated cables & fittings
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
OVERALL "STATIC" DIMENSIONS (L X W X H)	140 x 141 x 135 cm / 55" x 55.4" x 53"
REP COUNTER BATTERY LIFE	Approximately 3 years
PRODUCT WEIGHT	348 kg / 768 lbs
OVERALL "IN-USE" DIMENSIONS (L X W X H)	168.5 x 141 x 135 cm / 66.3" x 55.4" x 53"

USER AMENITIES	
CONTOURED SEAT	Yes
FOOT PLATFORM	Foot rest for comfort during exercise
ACTION SPECIFIC GRIPS	Exercise specific grips improving feel, function and form during use
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
REP COUNTER	Electronic counter displays reps, exercise time and rest time
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PLACARD COLOR CODING	Yellow (upper body)
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification

WEIGHT STACK	
TOTAL STACK WEIGHT	108 kg / 240 lbs
MAX TRAINING WEIGHT	111.4 kg / 247.5 lbs
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT 53" STACK HEIGHT	Yes



Ultra Leg Extension

G7-S71

The powerful Ultra Leg Extension tones and builds quad muscles with efficient, comfortable movements. A self-adjusting tibia pad makes it easy for anyone to find a comfortable position, while a contoured knee pad provides optimal cushioning behind the user's knee on every rep. Angled seat and back pads encourage full quadriceps contraction, and a clearly marked pivot encourages correct knee alignment. Thumb-switch controls and an ergonomically sculpted adjustment handle make it easy for users to get started.

Also available in [Ultra Base option G7-S71B](#).



ADJUSTMENTS	
USER ADJUSTMENT RANGE	8 position back pad w/total range of 40 degrees, 6 Tibia pad positions 10 degrees apart
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
MACHINE ANCHORING	Independent machine hold down brackets
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

TECH SPECS	
REP COUNTER BATTERY LIFE	Approximately 3 years
OVERALL "IN-USE" DIMENSIONS (L X W X H)	152.4 x 125.9 x 135 cm / 60" x 49.6" x 53"
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
OVERALL "STATIC" DIMENSIONS (L X W X H)	122 x 125.9 x 135 cm / 48" x 49.6" x 53"
PRODUCT WEIGHT	304 kg / 671 lbs

USER AMENITIES	
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
CONTOURED SEAT	Yes
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
REP COUNTER	Electronic counter displays reps, exercise time and rest time
PLACARD COLOR CODING	Blue (lower body)

WEIGHT STACK	
TOTAL STACK WEIGHT	108 kg / 240 lbs
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT 53" STACK HEIGHT	Yes
MAX TRAINING WEIGHT	111.4 kg / 247.5 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs

Ultra Leg Press

G7-S70

Our intuitive Ultra Leg Press is just as powerful as it is comfortable when it comes to strengthening the lower body. An angled, adjustable seat optimizes positioning for users of all kinds, while an ergonomically sculpted adjustment handle and gas shock make it quick and easy to change start positions. An oversized foot platform provides movement variety including calf exercises, and an integrated assistance handle offers easy exit and entry. It includes a guide rod and bearing carriage for smooth performance and long-term durability.

Also available in [Ultra Base option G7-S70B](#).



ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
MACHINE ASSISTED USER ADJUSTMENTS	Yes, gas assisted seat
USER ADJUSTMENT RANGE	8 position sled

FRAME & CABLES	
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Independent machine hold down brackets

TECH SPECS	
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries
OVERALL "IN-USE" DIMENSIONS (L X W X H)	206 x 113 x 152 cm / 80.9" x 44.3" x 59.9"
PRODUCT WEIGHT	436 kg / 962 lbs
OVERALL "STATIC" DIMENSIONS (L X W X H)	193 x 113 x 135 cm / 76" x 44.3" x 53"

USER AMENITIES	
PLACARD COLOR CODING	Blue (lower body)
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
CONTOURED SEAT	Yes
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
REP COUNTER	Electronic counter displays reps, exercise time and rest time
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification

WEIGHT STACK	
TOTAL STACK WEIGHT	180 kg / 400 lbs
WEIGHT PLATE INCREMENTS	9 kg / 20 lbs
INCREMENTAL WEIGHT SYSTEM	2.3, 4.5, 6.8 kg / 5, 10, 15 lbs
CONSISTENT 53" STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields
MAX TRAINING WEIGHT	186.8 kg / 415 lbs

Ultra Prone Leg Curl

G7-S73

Count on the comfortable, intuitive design of our powerful Ultra Prone Leg Curl to strengthen calf and hamstring muscles. Contoured elbow pads enhance stabilization and comfort, while a divergent pad angle eliminates lower-back stress. Thumb-switch controls make adjustments effortless, and integrated sweat guards keep the frame looking like.

Also available in [Ultra Base option G7-S73B](#).



ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	4 position ankle pad, 5 start positions

FRAME & CABLES	
CABLE TRANSMISSION	Internally lubricated cables & fittings
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
MACHINE ANCHORING	Independent machine hold down brackets

TECH SPECS	
PRODUCT WEIGHT	280 kg / 618 lbs
REP COUNTER BATTERY LIFE	Approximately 3 years
OVERALL "IN-USE" DIMENSIONS (L X W X H)	173 x 112 x 135 cm / 68" x 44" x 53"
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER POWER SUPPLY	2 AA batteries
OVERALL "STATIC" DIMENSIONS (L X W X H)	173 x 112 x 135 cm / 68" x 44" x 53"

USER AMENITIES	
PLACARD COLOR CODING	Blue (lower body)
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
CONTOURED SEAT	Yes
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
REP COUNTER	Electronic counter displays reps, exercise time and rest time

WEIGHT STACK	
TOTAL STACK WEIGHT	90 kg / 200 lbs.
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT 53" STACK HEIGHT	Yes
MAX TRAINING WEIGHT	93.4 kg / 207.5 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs

Versa Hip Abductor / Adductor

VS-S74

Offer your people more functionality in less space with our Versa Hip Abductor / Adductor dual station. It transitions smoothly from one exercise to the other, and clearly indicated adjustment points make it easy for virtually anyone to get comfortable and get started. It even includes a reclined position to maximize lumbar support during workouts.

- Dual function machine saves space and increases functionality
- Clearly indicated adjustments for ease of use
- Reclined position for greater lumbar support



ADJUSTMENTS	
RANGE OF MOTION ADJUSTMENT	Range of Motion adjustment
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
MACHINE ANCHORING	Machine anchoring locations
FRAME COLOR	Iced Silver
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries
OVERALL DIMENSIONS	169.6 x 159.1 x 167.1 cm / 66.8" x 62.6" x 65.8"
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
REAR PLACARDS	Color-coded machine identification & machine specific stretching
PLACARD COLOR CODING	Blue (lower body)
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

WEIGHT STACK	
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT STACK HEIGHT	Yes
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
STANDARD: 10 LBS (4.5 KG)	Weight plate increments
STANDARD: 160 LBS (72 KG)	Total stack weight

Ultra Diverging Lat Pulldown

G7-S33

For a smarter way to build and tone lats, the Ultra Diverging Lat Pulldown is as powerful as it is comfortable. Independent diverging movements provide a natural path of motion. The angled seat encourages proper user positioning, while the thigh pads and seat easily adjust to provide stability, comfort and optimized ergonomics.

Also available in [Ultra Base option G7-S33B](#).



ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted seat

FRAME & CABLES	
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
MACHINE ANCHORING	Independent machine hold down brackets
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
PRODUCT WEIGHT	382 kg / 842 lbs
REP COUNTER BATTERY LIFE	Approximately 3 years
OVERALL "STATIC" DIMENSIONS (L X W X H)	152 x 161 x 195 cm / 59.6" x 63.1" x 76.7"
OVERALL "IN-USE" DIMENSIONS (L X W X H)	152 x 161 x 195 cm / 59.6" x 63.1" x 76.7"
REP COUNTER POWER SUPPLY	2 AA batteries

USER AMENITIES	
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PLACARD COLOR CODING	Yellow (upper body)
CONTOURED SEAT	Yes
ACTION SPECIFIC GRIPS	Exercise specific grips improving feel, function and form during use
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
REP COUNTER	Electronic counter displays reps, exercise time and rest time
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook

WEIGHT STACK	
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
WEIGHT STACK GUARDING	Full front and rear shields
MAX TRAINING WEIGHT	111.4 kg / 247.5 lbs
CONSISTENT 53" STACK HEIGHT	Yes
TOTAL STACK WEIGHT	108 kg / 240 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs

Ultra Diverging Seated Row

G7-S34

For a complete, comfortable way to strengthen the muscles of the upper back and the lats, choose our powerful Ultra Diverging Seated Row. Independent diverging movements provide a natural path of motion. Dual-position foot placement makes use comfortable, while an adjustable chest pad with gas shock accommodates users of all sizes.

Also available in [Ultra Base option G7-S34B](#).



ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	7 position seat, 9 position chest pad
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted seat, gas assisted chest pad

FRAME & CABLES	
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
MACHINE ANCHORING	Independent machine hold down brackets

TECH SPECS	
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
OVERALL "STATIC" DIMENSIONS (L X W X H)	158 x 135.5 x 140.5 cm / 62.2" x 53.3" x 55.3"
OVERALL "IN-USE" DIMENSIONS (L X W X H)	158 x 138.5 x 140.5 cm / 62.2" x 54.5" x 55.3"
PRODUCT WEIGHT	343 kg / 757 lbs
REP COUNTER POWER SUPPLY	2 AA batteries

USER AMENITIES	
CONTOURED SEAT	Yes
REP COUNTER	Electronic counter displays reps, exercise time and rest time
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PLACARD COLOR CODING	Yellow (upper body)
ACTION SPECIFIC GRIPS	Exercise specific grips improving feel, function and form during use
FOOT SUPPORTS	Dual foot support positions for comfort
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook

WEIGHT STACK	
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
CONSISTENT 53" STACK HEIGHT	Yes
MAX TRAINING WEIGHT	111.4 kg / 247.5 lbs
WEIGHT STACK GUARDING	Full front and rear shields
TOTAL STACK WEIGHT	108 kg / 240 lbs

G1 5-stack Multi-Station

G1-MS50

- Conveniently located adjustment points are clearly marked for ease of use.
- Exercise motion is smooth and fluid, which is the type of performance your customers expect from our strength equipment.
- For user comfort, our machines are built to make it very easy to approach the machine and get in and out of the exercise position.
- Made of heavy-gauge steel tubing, G1 equipment is solid and stable, providing the durability you need.



TECH SPECS

WEIGHT STACK	5 x 91 kg / 5 x 200 lbs
OVERALL DIMENSIONS (L X W X H)	482 x 386 x 230 cm / 190" x 152" x 91"
PRODUCT WEIGHT	857 kg / 1889 lbs

G1 Smith Machine

G1-FW161

- Bar travel limited to 28.5" (72cm) from the floor to improve safety
- Low starting resistance accommodates users of all abilities
- Six integrated weight storage horns



FRAME

FRAME FINISH	Proprietary two-coat powder process
FRAME COLOR	Iced Silver

TECH SPECS

TOTAL WEIGHT	297 lbs.
STARTING WEIGHT	20 kg / 44 lbs
OVERALL DIMENSIONS	80.5"L x 55.5"W x 90"H



HALF RACK w/ STORAGE

FTZVARKFL-7206

- Dimensões: 2363 x 1262 x 1605mm

- Peso: 177Kg



PEC FLY / REAR DELT

G7-S22

DIMENSÕES

144 X 173 X 197CM

PESO

329 Kg

CARGA

135 Kg



Disponível em Silver

MATRIX



VS-VFT-S30

Functional Trainer com
suporte Versa

DIMENSÕES 123 x 146 x 238cm

PESO 369Kg

CARGA 2 x 68Kg

CARACTERÍSTICAS

Ajustes claramente indicados para facilitar a utilização

Placas de peso estão totalmente fechadas, protegendo os componentes internos da máquina

Placas reforçadas destacam os grupos musculares segmentados e o posicionamento adequado do utilizador para uma ampla gama de exercícios

Design compacto, ideal para espaços mais pequenos

Suporte para equipamentos de treino funcional

Multi-grip Pull up bar, proporciona uma maior variedade de exercícios

Endurance Recumbent Cycle

LED CONSOLE

R-ES-F

Our Endurance Recumbent Cycle distributes weight and offers excellent support for a low-impact cardio workout. Custom-molded, adjustable touchpoints and an ergonomically sculpted seat and back pad enhance comfort for users of all sizes and ability levels, while smart design features streamline service for technicians and simplify placement for facilities.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
IFIT ON-DEMAND WORKOUTS	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
CONNECTS TO SAMSUNG GALAXY WATCH	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
MINIMUM WATTS	2 W powered or 13 W self-powered
MINIMUM RPM	10 RPM powered or 25 RPM self-powered
PEDAL SPACING	17.5 cm / 6.9"
ASSEMBLED WEIGHT	91 kg / 200.6 lbs.
SHIPPING WEIGHT	112 kg / 246.9 lbs.
RESISTANCE LEVELS	30
CRANK DESIGN	Three piece with forged arms and integrated puller
ASSEMBLED DIMENSIONS	154.3 x 67.4 x 144.2 cm / 60.7" x 26.5" x 56.8"
ETHERNET CONNECTIVITY	Yes
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
CONTACT & TELEMETRIC HR	Yes
TOP-DOWN LEVELERS	Yes
RESISTANCE RANGE	2-750 W
SEAT ADJUSTMENT	Single-hand lever
SEAT MATERIAL	Custom one-piece, molded seat back and bottom
REAR-LIFT HANDLE	Yes
RESISTANCE SYSTEM	Brushless generator
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC

Endurance Upright Cycle

LED CONSOLE

U-ES-F

Our Endurance Upright Cycle gives beginners and cycling enthusiasts alike the feel of a real outdoor ride. Accessible, race-inspired design makes even long rides more comfortable than expected, and a range of smart features make it easy to service and place the cycle wherever your facility has space.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
IFIT ON-DEMAND WORKOUTS	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
CONNECTS TO SAMSUNG GALAXY WATCH	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
RESISTANCE SYSTEM	Brushless generator
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
REAR-LIFT HANDLE	Yes
PEDAL SPACING	17.5 cm / 6.9"
MINIMUM WATTS	2 W powered or 13 W self-powered
HANDLEBAR DESIGN	Racing design with elbow support
RESISTANCE RANGE	2-750 W
ASSEMBLED WEIGHT	70 kg / 154.3 lbs.
SHIPPING WEIGHT	83 kg / 183 lbs.
SEAT ADJUSTMENT	Single-hand lever
TOP-DOWN LEVELERS	Yes
SEAT MATERIAL	Sewn vinyl over foam
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
MINIMUM RPM	10 RPM powered or 25 RPM self-powered
ASSEMBLED DIMENSIONS	122 x 74.4 x 152.1 cm / 48" x 29.3" x 59.9"
CONTACT & TELEMETRIC HR	Yes
CRANK DESIGN	Three piece with forged arms and integrated puller
ETHERNET CONNECTIVITY	Yes
RESISTANCE LEVELS	30

Endurance Elliptical

LED CONSOLE

EP-ES-F

Our durable Endurance Elliptical is ideal for workouts of any intensity, offering low-impact exercise for members of all kinds. A patented suspension design minimizes noise and friction, extending product life, while constant rate of acceleration and refined ergonomics makes every movement feel smooth and natural.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
IFIT ON-DEMAND WORKOUTS	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
CONNECTS TO SAMSUNG GALAXY WATCH	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
ASSEMBLED DIMENSIONS	174.5 x 74 x 179 cm / 68.7" x 29.1" x 70.5"
RESISTANCE SYSTEM	Brushless generator
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
STRIDE LENGTH	53.3 cm / 21"
SHIPPING WEIGHT	183.5 kg / 404.5 lbs.
CONTACT & TELEMETRIC HR	Yes
ETHERNET CONNECTIVITY	Yes
MAX USER WEIGHT	182 kg / 400 lbs.
MINIMUM WATTS	5 W powered or 35 W self-powered
MINIMUM RPM	10 RPM powered or 30 RPM self-powered
PEDAL SPACING	6.4 cm / 2.5"
RESISTANCE RANGE	5-705 W
TOP-DOWN LEVELERS	Yes
STEP-ON HEIGHT	24 cm / 9.5"
WATT RANGE	5-650 W
RESISTANCE LEVELS	30
ASSEMBLED WEIGHT	148 kg / 326.3 lbs.



Endurance ClimbMill

LED CONSOLE

CM-ES-F

Great for enthusiasts and beginners alike, our Endurance ClimbMill is ideal for maximizing your resources. Smart, heavy-duty design gives members a secure, stable workout and stands up to heavy use in tough environments. It's even easy to service, minimizing downtime for all your members who love a true stair-climbing workout.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
IFIT ON-DEMAND WORKOUTS	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
CONNECTS TO SAMSUNG GALAXY WATCH	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
†Some of these programs may not be available on this frame.	

FRAME	
TOP-DOWN LEVELERS	Yes
STEP-ON HEIGHT	36 cm / 14"
STEP DIMENSIONS	25.4 x 46 x 20.3 cm / 10" x 18" x 8"
SERVICE CASTER	No
ASSEMBLED DIMENSIONS	161.2 x 102.4 x 218 cm / 63.5" x 40.3" x 85.8"
ASSEMBLED WEIGHT	177.4 kg / 391.1 lbs.
RESISTANCE LEVELS	25
SHIPPING WEIGHT	202.6 kg / 455.5 lbs.
CONTROL ZONE	No
CONTACT & TELEMETRIC HR	Yes
DRIVE SYSTEM	Clutched ECB with industrial-grade drive chain and belt
LOCKING STAIRCASE	Yes
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes
HANDLEBAR DESIGN	Perimeter
POWER REQUIREMENTS	100-240 V — 50/60Hz AC
RESISTANCE RANGE	24-162 SPM
MINIMUM USER WEIGHT	45 kg / 99 lbs.

Endurance Treadmill

LED CONSOLE

T-ES-F

Maximize your resources with a treadmill that's simple for new users and powerful for enthusiasts. A precision-engineered drive system and deck stand up to heavy daily use, a variety of consoles let you customize the experience, and smart maintenance features make it easy to keep it up and running like new.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
IFIT ON-DEMAND WORKOUTS	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
CONNECTS TO SAMSUNG GALAXY WATCH	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
DRIVE SYSTEM	4.2 hp AC Dynamic Response Drive System
CUSHIONING SYSTEM	Ultimate Deck
HANDLEBAR DESIGN	Molded ergo-grip design
INCLINE RANGE	0-15% (700-lb. thrust-elevation motor)
MAX USER WEIGHT	182 kg / 400 lbs.
SPEED RANGE	0.8-20 km/h / 0.5-12 mph
STEP-ON HEIGHT	23 cm / 9"
TREAD SENSE	Yes
ASSEMBLED WEIGHT	173 kg / 381.4 lbs.
SHIPPING WEIGHT	202 kg / 445.3 lbs.
CONTACT & TELEMETRIC HR	Yes
CROSSBAR CONTROLS	Yes
CAST ALUMINUM END CAPS	No
ETHERNET CONNECTIVITY	Yes
ASSEMBLED DIMENSIONS	213 x 87 x 163 cm / 83.9" x 34.3" x 64.2"
POWER REQUIREMENTS	20 A dedicated circuit required, non-looped grounded
RUNNING SURFACE TYPE	Belt and deck
RUNNING SURFACE AREA	152 x 56 cm / 60" x 22"
SERVICE CASTER	No